



Unit House - Speke Boulevard- Liverpool L24 9HZ
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VEGETABLE GARDENING FOR BEGINNERS

Are you new to vegetable gardening and unsure where to begin?

Starting a vegetable garden is not as difficult as it seems all you need to do is follow a few simple instructions to be successful in growing your own veg.

- 1) The first and probably most important step is to decide what crops you want to grow and where you are going to grow them. A 16Ft x 20ft patch is sufficient to grow enough for a family of four however, a smaller patch can be utilised as can containers to grow successfully if your space is limited.
- 2) Draw out a plan of your area and decide what you are going to grow. Use vegetables that you enjoy and are easiest to grow. IE: Beetroot, Carrots', Lettuce, Radishes, Squash, and Tomatoes can all be grown by a novice gardener.

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- 3) Once you have established a rough layout of your garden make sure that you can take advantage of sun and wind patterns, as a good vegetable patch requires at least 8hrs of sun, and not a lot of wind, as this can be very hard on the plants. The other consideration is an adequate water supply, either collected rainwater or tap water should be available.
- 4) Make sure the soil you are going to use is in good condition. This can be improved by adding Compost and making sure that the area is free from weeds, rocks and is well drained.
- 5) Sow the seeds directly into the ground following any instruction that are supplied, making sure that you plant in the right growing season.
- 6) All that is left now is to maintain the garden which, in itself is just as important if you want to achieve success. Make sure you water often and keep the weeds down to a minimum helping to maintain the soil by adding mulch once in a while. Doing this will mean less work and help you to grow a successful crop.

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- 7) Once the harvesting season begins, pick ripened crops frequently to encourage more productivity. Depending on the crops you have chosen, they can be frozen or canned for keeping so they are not wasted.
- 8) Enjoy the fruits of your labour and your newfound success as a vegetable gardener.
- 9) If you have any questions then please email us via the Contacts tab on this website.

If your still not sure or want to get more out of your gardening experience, we at Rotters provide training in gardening. If you require more information or want to join a training programme please contact us at the above address. It is a fun thing to do and gives you the chance to meet people with similar interests.

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